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			4/1/2022	2	2.29A
HEALTH CARE SERVICES DIRECTIVE-ADULT Manual of Policies and Procedures					

Title PERSONAL HYGIENE

Legal References (includes but is not limited to)	Related Policies/Procedures (includes but is not limited to)	Other References (includes but is not limited to)
IC 11-8-2-5 IC 34-4-12.6	01-02-101 02-01-104 04-01-104	National Correctional Healthcare Standards

I. PURPOSE:

This Health Care Services Directive (HCSD) describes required support for appropriate personal hygiene.

II. GUIDELINES:

A. Incarcerated individuals shall be provided with the opportunity to practice appropriate personal hygiene. Articles necessary for maintaining proper personal hygiene must be available to all incarcerated individuals and provided to those who meet the definition of indigent as found in Policy and Administrative Procedure 04-01-104, "Inmate Trust Fund." To this end, the following items must be made available, either at no charge or through commissary sources:

- Soap and shampoo
- Comb
- Toothbrush and toothpaste or powder
- Denture cleaner and adhesive, if necessary; Dental floss (engineered for safety and security in a prison environment)
- Toilet paper
- Deodorant
- Shaving equipment
- For females, sanitary napkins/tampons

B. If an individual abuses any of these items or uses any in a manner that endangers safety or security, the privilege of having them may be suspended.

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- C. In areas in which incarcerated individuals are held for more than forty-eight (48) hours, access to a tub or shower with tempered running water must be provided, with a daily opportunity to bathe.
- D. Incarcerated individuals with disabilities shall be provided support to perform self-care and personal hygiene in a reasonably private environment.
- E. Laundry services shall be offered at least weekly.
- F. Haircuts and shaving implements shall be made available periodically subject to security regulations and behavioral health considerations for all patients.
- G. Implements for cutting fingernails and toenails shall be made available periodically subject to security regulation and behavioral health considerations for all patients.

III. APPLICABILITY:

This HCSD is applicable to all facilities housing incarcerated adults.

signature on file

Kristen Dauss, MD
Chief Medical Officer

Date